

*Grupo Cativoiro Capoeira - Be  
vzw E.CA asbl - Escola de Capoeira 9th Anniversary  
Estagio de Capoeira the 19 - 21 march 2010*

*Mestres :*

*\*Eletrecista*

*Catania - Italy*

*\*Mico Louruz*

*\*Bartelemi*

*Belgium*

*Tambuzeiro*

*Contramestre*

*\* Vandeco*

*Piracicaba - SP / Brasil*

*Professor :*

*\* Calango - Belgium*

*Instrutora*

*\* Ildiko - Germany*

*Price : 80,00 €*

*Friday : 7.00 pm - 11.00 pm / Saturday : 3.00 pm - 10.00 pm / Sunday : 1.00 pm - 6.00 pm*

*vzw Nekkersdal: E. Bockstaellaan 107, 1020 Bruxelles*

*www.capoeira-school.be - info@capoeira-school.be - +32/ (0) 3440.9959*

*Aulas de : Capoeira - Percussão - Musica - Canto - Tambú - Rodas de capoeira...*

*M.M.V. - vzw Gemeenschapscentrum Nekkersdal*

**Capoeira Workshop from March 19th till March 21st 2010**  
**Organization and realisation : mestre Djop Barbosa**  
**vzw E.CA asbl – Escola de Capoeira / Grupo Cativoiro Capoeira - Be**



**Convidados:**

Mestre Eletrecista, Grupo João Pequeno de Pastinha – Salvador – Ba / Brasil

Mestre Mico Louruz, Capoeira Angola Tupinambas – Antwerpen – Begium

Mestre Bartelemi, Associação de Capoeira Iê Volta ao Mundo – Porto Alegre- RS / Brasil

Contramestre Vandeco, Associação Afro-Cultural Desportiva Erês, Grupo de Batuque de Piracicaba – Piracicaba – SP / Brasil

Professor Calango, CET - Capoeiragem – Salvador – Ba / Brasil

Instrutora Ildiko, Würzburg – Germany

**\* Friday 19 march, 7.00 pm Workshop de Tambú, Contramestre Vandeco, \* roda de capoeira**

**\* Tambú - Batuque de Umbigada**, “batuque, tambú or Caiumba originates from the cities of Tiête, Capivari and Piracicaba. This region from the state of São Paulo, saw a big affluence of Africans and African descendents brought into the country to work the sugar cane and coffee plantations, especially after the decline of the plantation in the Paraíba Valley.” The dance takes place in rows and has in its main feature “umbigadas” (making navel contact). It is governed by songs, which are called “moda ou ponto”. From its Bantu origin, it keeps the instruments of African origin and the intent of the ceremonies of marriage and fertility of the Congo region Angola. Musical instruments: Tambú (bass drum), quinjengue (treble drum) rattle (two sticks of wood that hit the body of the tambú) and guaiás (rattle).

**Saturday : 3.00 pm - 10.00 pm** : Practice, music, percussion and rodas / classes for beginners and advanced.

**Sunday : 1.00 pm - 6.00 pm** : Practice, music, percussion, rodas and graduation / classes for beginners and advanced.

**Sunday 6.00 pm: Feijoada price included in the week-end price!**

**Attention**, those who pay for a day's stage must reserve Feijoada, as well as those not participating to the stage who want dinner. Activity open to the general public.